

*What Happened on the Cross*  
by John of Damascus (c. 675-749)

By nothing else except the cross of our Lord Jesus  
Christ has death been brought low:

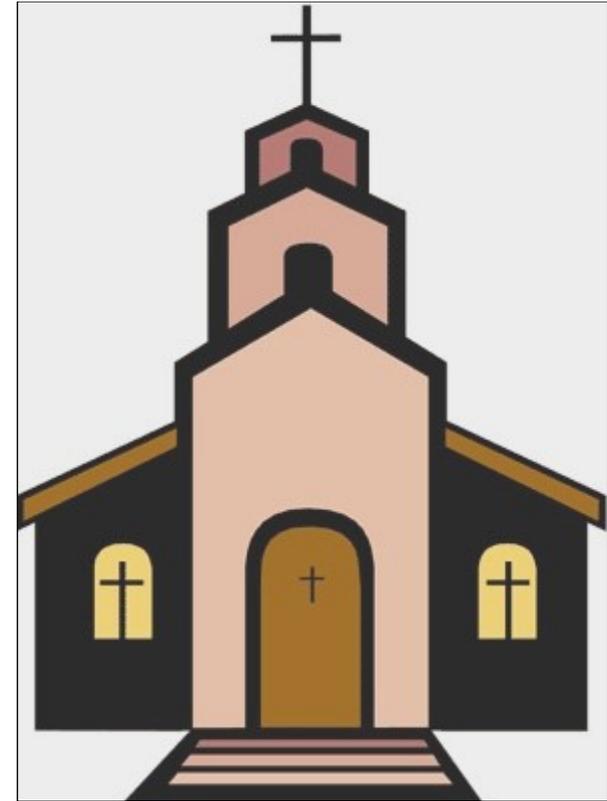
The sin of our first parent destroyed,  
hell plundered,  
resurrection bestowed,  
the power given us to despise the things of this  
world,  
even death itself,  
the road back to the former blessedness made  
smooth,  
the gates of paradise opened,  
our nature seated at the right hand of God,  
and we made children and heirs of God.

By the cross all these things have been set aright...

It is a seal that the destroyer may not strike us,  
a raising up of those who lie fallen,  
a support for those who stand,  
a staff for the infirm,  
a crook for the shepherded,  
a guide for the wandering,  
a perfecting of the advanced,  
salvation for soul and body,  
a deflector of all evils,  
a cause of all goods,  
a destruction of sin,  
a plant of resurrection,  
and a tree of eternal life.

## Ss Constantine & Helen

Greek Orthodox Cathedral of the Pacific



September 13, 2020

Sunday Before the Elevation of the Holy Cross

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September 13, 2020

## Sunday Before the Elevation of the Holy Cross

Commemoration of: Forefeast of Elevation of Cross; Memorial of founding the Resurrection of Christ Church

### Apolytikia - Entrance Hymns

*Ton sinanarhon Logon* (Hymn of the Day) Tone 5  
*Let us worship the Word who is unoriginate \* with the Father and the Spirit, and from a Virgin was born \* for our salvation, O believers, and let us sing His praise. \* For in His goodness He was pleased \* to ascend the Cross in the flesh, and to undergo death, \* and to raise up those who had died, \* by His glorious Resurrection.*  
(AgesInitiatives.com)

*Os tu ano stereomatos* (Consecration) Tone 4  
*You have made the earthly beauty of the holy tabernacle of Your glory to be like the majesty of the firmament on high, O Lord. Make it strong forever and ever, and accept our supplications that we unceasingly bring to You there, at the intercession of the Theotokos. For You are the life and resurrection of all.* (AgesInitiatives.com)

*Tu Stavru su ton tipon* (Hymn of the Church) Tone 8  
*Having seen in the sky the form of Your Cross and, like Paul, having received his calling not from men, Your apostle among Kings, Lord, placed his reigning city in Your hand, which forever you guard in peace, by the intercessions of the Theotokos, for You alone are the lover mankind.*

*Kontakion* Tone 4  
*Uranos polifotos*  
*Lord, Your Church appears to us \* to be like heaven \* full of light, and guides with light \* all who believe in You, O Christ. \* And we who stand in it cry to You: \* Savior, establish forever this holy house.* (AgesInitiatives.com)

### Epistle Reading Galatians 6:11-18

BRETHREN, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

### Gospel Reading John 3:13-17

The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have

eternal life.

"For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him.

### Today

✘ SUN, 9/13– *Sunday before the Holy Cross, in-person and via Facebook Live; 1 Year Memorial for Michael Klimenko and 3 Year Memorial for Savas Mojarrad; 1st day of Virtual Sunday School 1p.m.; Greek Dance via Zoom 3 to 4 p.m.*

### This Week

✘ MON, 9/14– *Elevation of the Holy Cross via Zoom: Orthros 8:30 a.m., followed by Divine Liturgy and Procession of the Holy Cross \*\*\*strict fast day\*\*\**  
✘ TUE, 9/15– *Clergy and Facilitators of Faithtree Relationship Project Zoom Meeting 4 p.m. Zoom Link will be in an Email Blast*  
✘ THU, 9/17– *Prayer Ministry 11 a.m.*  
✘ SAT, 9/20– *Great Vespers via Zoom 5:30 p.m.*  
✘ SUN, 9/21– *Sunday after the Holy Cross, in-person and via Facebook Live;*

### Prayer Ministry

Prayer Ministry meets every Thursday by phone at 11a.m. For information, email [prayer@greekorthodoxhawaii.org](mailto:prayer@greekorthodoxhawaii.org) or call the church office at 521-7220.

### Facebook Link to Sunday Services

Please check the “footers” of your email in which you received this Electronic Weekly Bulletin.

### Zoom Link for all Weekday Services (Monday thru Saturday)

Meeting ID: 645 401 0911; Password: 990890

### COVID-19 Relief Fund

If you have been affected, financially, by the Corona Virus Pandemic, please feel free to visit our website at: [greekorthodoxhawaii.org](http://greekorthodoxhawaii.org) and click on the button “COVID-19 RELIEF.”

### Adult Religious Education & Young Adult Fellowship

Stay tuned for announcements for these two opportunities. We are in the process of completing the curriculums and establishing the dates and times.



Help our church raise funds by making your purchases at

Foodland Stores from 9/1/2020 - 9/30/2020.

For more information visit [www.greekorthodoxhawaii.org](http://www.greekorthodoxhawaii.org) and click on the Give Aloha tab at the top of our home page or call the church office, (808) 521-7220.