

COSMAS & DAMIAN THE HOLY UNMERCENARIES OF ASIA AND THEIR MOTHER THEODOTA



These Saints were from Asia (that is, Asia Minor). After the death of their father, their Christ-loving mother Theodota reared them in piety and in all manner of virtue, and had them instructed in every science, especially that of medicine. This became their vocation, and they went about healing every illness and malady, bestowing healing freely on both men and beasts alike; because of this, they are called "Unmercenaries." And thus, having completed the course of their life, they reposed in peace.

Kontakion of Unmercenaries Cosmas & Damian in the Second Tone

O glorious, wonderworking physicians, having received the grace of healing, you reach out and restore health to those in need. But also, by your visitation you cast down the arrogance of the enemy, healing the world through miracles.

To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*

Ss Constantine & Helen

Greek Orthodox Cathedral of the Pacific



SAINTS CONSTANTINE & HELEN
GREEK ORTHODOX
CATHEDRAL OF THE PACIFIC

50TH
Anniversary
1965-2015

November 1, 2015

5th Sunday of Luke

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November 1, 2015

5th Sunday of Luke

Commemoration of: Cosmas & Damianos the Holy Unmercenaries and their mother Theodota; David the Righteous of Evia

Apolytikia - Entrance Hymns

To sinanarhon Logon (Resurrection Hymn) Tone 5

Ayii Anargiri (Sts. Cosmas & Damian) Tone 8

Holy Unmercenaries and Wonderworkers, visit our infirmities. Freely you received; freely give to us.

Tou Stavrou Sou (Hymn of the Church) Tone 8

Having seen in the sky the form of Your Cross, and like Paul having received his calling not from men, Your apostle among kings, Lord, placed his reigning city in Your hand, which forever You guard in peace, by the intercessions of the Theotokos, for You alone are the lover of mankind.

Kontakion

Prostasia ton Hristianon Tone 2

O Protection of Christians that cannot be put to shame, mediation to the Creator immovable. Do not overlook, the pleading voices of those in sin, but be in time as a kind one to our help, who in faith cry out to You: Hasten to intercede, and be quick to beseech, You who always protect, Theotokos, those who honor You.

Epistle Reading 1 Cor. 12:27-31; 13:1-8

BRETHREN, you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way. If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.

Gospel Reading Luke 16:19-31

The Lord said, "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels

to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have Moses, and the prophets; let them hear them.' And he said, 'No, father Abraham; but if some one goes to them from the dead, they will repent.' He said to them, 'If they do not hear Moses and the prophets, neither will they be convinced if some one should rise from the dead.'"

Activities & Announcements

Today

5th Sunday of Luke; Memorial for Departed Philoptochos Members; Fundraiser Coffee Hour sponsored by the Dance Group; Adult Religious Education: "Using the Jesus Prayer" with Fr. Alex 12 to 12:40 p.m. in the Bookstore; Wuertz Baptism 2 p.m.

This Week

TUE, 11/3 - Volunteers are needed to help make Galaktoboureko at 9:30 a.m.

SUN, 11/8— 7th Sunday of Luke/Synaxis of the Archangels; Philoptochos Meeting 12 p.m.; Adult Religious Education: "Biblical Basis for the Trinity" with Dr. Robert Arakaki 12 to 12:40 p.m. in the Bookstore

Upcoming Events

- ✕ **Fall General Assembly**— Sunday, November 15, 2015.
- ✕ **Thanksgiving Luncheon**— Thursday, November 26, 2015 12:00 p.m. in the Social Hall. Cost: \$15 per person. Kids 10 years and under: free. Please see John & Eres Eddy for more details. Deadline to reserve is Sunday, 11/22/2015.

Wisdom of the Holy Fathers

"If at some time you show mercy to someone, mercy will be shown to you. If you show compassion to one who is suffering (and of course, this is not a great deed) you will be numbered among the martyrs. If you forgive one who has insulted you, then not only will all your sins be forgiven, but you will be a child of the Heavenly Father. If you pray from all your heart for salvation – even a little – you will be saved. If you rebuke yourself, accuse yourself, and judge yourself before God for your sins, with a sensitive conscience, even for this you will be justified. If you are sorrowful for your sins, or you weep, or sigh, your sigh will not be hidden from Him and, as St. John Chrysostom says, 'If you only lament for your sins, then He will receive this for your salvation.'"

+ **St. Moses of Optina**