

Food for Thought

“How can one say that he loves God Whom he cannot see if he does not love a fellow human being whom he can see?”

~1 John 4:20~

Pearls of Wisdom from the Holy Fathers

“Our wickedness shall not overpower the unspeakable goodness and mercy of God; our dullness shall not overpower God’s wisdom, nor our infirmity God’s omnipotence.”

~St. John of Kronstadt

“As the Holy Trinity, our God is One Being, although Three Persons, so, likewise, we ourselves must be one. As our God is indivisible, we also must be indivisible, as though we were one man, one mind, one will, one heart, one goodness, without the smallest admixture of malice - in a word, one pure love, as God is Love. “That they may be one, even as We are One” (John 17:22).”

~St. John of Kronstadt

“Always remember that at the Last Judgement we are judged for loving Him, or failing to love Him, in the least person.”

~Archbishop Anastasios of Albania

“A man advises his neighbor in accordance with what his neighbor knows. Correspondingly, God acts on one who hears Him according to the degree of his faith. A man of forbearance becomes wise, just as does he who is careful to listen to words of wisdom. Do not refuse to learn, even if you are very wise, for the Providence of God avails more than our wisdom.”

~ Abba Mark

Ss Constantine & Helen

Greek Orthodox Cathedral of the Pacific



October 20, 2013
6th Sunday of Luke

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October 20, 2013

6th Sunday of Luke

Commemoration of: Artemios the Great Martyr of Antioch; Gerasimos of Cephalonia; Matrona the Righteous of Chios

Apolytikia - Entrance Hymns

Ex ipsus katilthes (Resurrection Hymn) Tone 8
From on high did You descend, O merciful Lord, for us did You endure, three days in the tomb that we may be released from passions in this world, You who are our resurrection and our life: Glory unto You O Lord.

O Martis Sou Kirie (Great Martyr Artemios) Tone 4
Your Martyr, O Lord, was worthily awarded by You the crown of incorruption, in that he contested for You our immortal God. Since he possessed Your power, he defeated the tyrants, dashing the demons' powerless displays of defiance. O Christ God, at his fervent entreaties, save our souls.

Tou Stavrou Sou (Hymn of the Church) Tone 8
Having seen in the sky the form of Your Cross and, like Paul, having received his calling not from men, Your apostle among Kings, Lord, placed his reigning city in Your hand, which you guard in peace forever, by the intercessions of the Theotokos, for You alone love mankind.

Kontakion

Prostasia ton Christianon Tone 2
Champion of Christians not put to shame, advocate before the Maker always steadfast, do not spurn sinners' voices raised in prayer. In your goodness respond to bring help to us who devoutly petition you. Hasten your intercession and urgently make entreaty; for you unfailingly defend, O Theotokos, those who honor you.

Epistle Reading 2 Corinthians 6:16-7:1

BRETHREN, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be my people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty."

Since we have these promises, beloved, let us cleanse ourselves from every defile-

ment of body and spirit, and make holiness perfect in the fear of God.

Gospel Reading

Luke 8:27-39

At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.

Activities & Announcements

- ✘ **40 Day Churching**— Today, in our midst, will be the "Churching" of Lukas Vassos, son of Procopios and Tracy Vassos. Congratulations!
- ✘ **O.C.M.C. Presentation**— Today, our own, Stavros, will share his experiences in Mission work in Guatemala and Kenya. The presentation will take place in the Conference Room following a brief coffee hour break.
- ✘ **Orthodoxy 101**— Thursday, October 24, 6:30 to 8 pm in the Conference Room. This class is open, especially, to inquirers and new comers to the Faith.
- ✘ **Great Vespers for St. Demetrios the Great Martyr**— Friday, October 25, 6:30 pm.
- ✘ **Orthros & Divine Liturgy in Maui**— Saturday, October 26: Orthros 9 am, Divine Liturgy 10 a.m. ***No Byzantine Chant or Great Vespers this evening.***

To Our Visitors:

We are pleased that you have chosen to worship with us. Just a reminder, however: the Sacrament of Holy Communion is a manifestation of the *unity of the Body of Christ*. As such, only those who are members in spiritual good standing of the Orthodox Church – and who have prepared themselves for the Sacrament – may partake of the Holy Chalice. However, *everyone* is welcome to come up with our people at the end of the service to receive blessed bread. *Please be sure to join us at Coffee Hour following Services.*